



聖公會白約翰會督中學
S.K.H. BISHOP BAKER SECONDARY SCHOOL

新界 元朗 鳳攸南街十號
NO. 10 FUNG YAU SOUTH STREET, YUEN LONG, N.T.
TEL: 24754778-9 FAX NO.: 24799150



14th October, 2025

S.5 Diversity Learning Day (LTP25 / 065)

Dear Parents / Guardians,

With a view to providing opportunities for students to widen their horizons in learning, our school is organizing the following activity on 7th November, 2025 (Friday). Details are as follows:

Activity:	Diversity Learning
Date(s) (Time):	7 th November, 2025 (Friday)
Activity location:	School (Classroom/ Hall/ Room 503 Activity Room)
Time & Venue:	Assembly: 8:00a.m., at school
	Dismissal: About 1:00 p.m., at school
Activities:	1)Team building – Group Activities
	2)Abseiling (detailed information on the back of this letter)
Meeting point:	Classrooms (Rm401-5A, Rm402-5B, Rm403-5C, Rm404-5D)
Participants:	All S5 Students
Person-in-charge:	Ms. Lam On-nei (林安妮老師)
Accompanying staff:	Ms. Chan Yung-cheung (陳容彰老師)
Organizer:	Integrated Education Section, SKHBBSS (融合教育組)
Collaborative Organization:	Legend consults Ltd. 傳奇業務顧問有限公司
Dress code:	P.E. uniform
Remarks	1. While the school will subsidize the cost of this activity, students who are absent without medical documentation or a valid reason will be charged \$390. 2. Please sign the reply slip electronically via the eClass Parent app on or before 20th October, 2025.

Also note that if you ever have any comments, questions or concerns, please contact Ms. Lam On-nei (林安妮老師) by phone at 2475 4778 during office hours from 8:00 a.m. to 1:00 p.m. on weekdays.



NG Yau-mei, Shirley
Principal



Reply Slip -- S.5 Diversity Learning Day (LTP25 / 065)

Dear Principal,

- ☐ I understand the details of the activity and am pleased to encourage my child to participate in it punctually.

For the safety of my child, I would like to inform you about his/her health status (optional):

- ☐ I appreciate your effort put in arranging the activity but **DISAPPROVE** his/her participation for the following reason(s)
(optional): _____

Class (Class no.): _____ ()

Student Name: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

游繩下降（Abseiling）

在專業教練的悉心指導及嚴格安全監督下，參加者將親身體驗由高處沿繩下降的歷奇挑戰。透過專業裝備及正確技巧，參加者能於安全環境中體驗刺激與突破自我的成就感。活動除了鍛鍊身體協調和平衡力外，亦有助提升專注力、勇氣及自信，從而培養堅毅精神和團隊合作能力，並在互相支持的氣氛中感受歷奇教育的真正意義。

目的：

- 讓參加者在安全環境中體驗游繩下降的樂趣與挑戰
- 學習正確的安全守則與自我保護意識
- 認識基本的繩索技術及裝備操作
- 培養勇氣及自信，克服對高度的恐懼
- 透過互相支持及鼓勵，加強學生的正面同理心
- 訓練身體協調、力量與專注力
- 啟發個人潛能，培養積極進取及面對挑戰的態度

